

LUNCH MONDAY OCT 7TH

SOUP DU JOUR

BEEF/TURKEY/PORTABELLO BURGERS

ONIONS | PEPPERS | MUSHROOMS | BACON

ENGLISH MUFFINS TUNA TOMATO MELTS

GRILLED CHICKEN | PASTA WITH MARINARA

STEAMED VEGETABLE MEDLEY

ONION RINGS | HOME MADE FRIES

LUNCH TUESDAY OCT 8TH

SOUP DU JOUR

SPICY BEEF & BROCCOLI

ORANGE GINGER CHICKEN

LO MEIN\BOK CHOY & BEAN SPROUTS

STEAMED & SAUTEED POT STICKERS

VEGETABLE SPRING ROLLS

WHITE RICE |STIR FRIED RICE

LUNCH WED OCT 9TH

SOUP DUS JOUR

ITALIAN SAUSAGE W PEPPERS & ONIONS

PESTO CREAM/BOLOGNAISE SAUCE

RAVIOLI \ CAVATELLI W TOMATO GARLIC & BASIL

STUFFED SHELLS

VEGETARIAN PATTIES \ FOCCACIA MELTS

STUFFED CHICKEN W BROCCOLI & CHEESE

GARDEN PEAS & CORN

LUNCH THURSDAY OCT 10TH

SOUP DU JOUR

CHICKEN AND BEEF TACOS

ONIONS PEPPERS MUSHROOMS

LOADED NACHO MEDLEY \ TAMALES

FRESH GRILLED TORTILLA

VEGETABLE BURRITO \ CHIMICHANGA

CHICKEN CHILLI STREET TACO

STEAMED FRESH VEGETABLES \ +RICE & BEANS

LUNCH FRIDAY OCT 11TH

SOUP DU JOUR

MAKE YOUR OWN PIZZA MEDLEY BUFFET

HONEY GLAZED CHICKEN WINGS | COD NUGGETS

QUICHE LORRAINE | BLACK BEAN STEW

GARLIC KALE|CAESAR SALAD | BAKED ZITI

GRILLED ASPARAGUS| MUSHROOM TEMPURA

MOZZARELLA STICKS / SWEET POTATO FRIES